

MASTER'S THESIS

麻黃連翹赤小豆湯現代臨床運用文獻研究

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Date of Award:
2009

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麻黃連翹赤小豆湯現代臨床運用文獻研究

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中醫學碩士學位課程

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香港浸會大學

二零零九年六月

摘要

麻黃連翹赤小豆湯是《傷寒論》主治黃疸的代表方劑之一，《傷寒論》262 條

“傷寒瘀熱在里，身必黃，麻黃連翹赤小豆湯主之”僅從張仲景描述的條文來看，包括病機與主要病證兩個方面，病機為濕熱鬱里外兼表證，主要病證為黃疸陽黃兼風寒表證。但長期的臨床運用表明該方主治非常活潑，現代臨床報導除了黃疸之外，更涉及到風水(急慢性腎小球腎炎)、濕疹、蕁麻疹、銀屑病、過敏性紫癜、多形紅斑、淤膽型肝炎、特發性水腫、逆行射精、慢性乙型肝炎合并免疫性肝炎等多個疾病的治療。由於其對於多個病種所具有的異病同治作用，治療病種不一，主症不同，且又不是這些不同病證的唯一主治方劑，甚至不是主治方，故關於麻黃連翹赤小豆湯的運用頗令人難以把握。

鑒於中醫學以臨床經驗為主體內容的特性，本研究通過對麻黃連翹赤小豆湯方臨床運用文獻的收集、整理、分析、歸納其用在診斷(包括病種，病症表現，病因病機)、治療(指常用劑量，常規療程、常見加減等)方面的一些重複性較高的內容，並進而探討這些結果對麻黃連翹赤小豆湯臨床運用的指導性意義。

關鍵詞：麻黃連翹赤小豆湯 現代臨床運用

Abstract

Ma Huang Lian Qiao Chi Xiao Dou Tang is one of the representative prescriptions for treating jaundice in the Treatise on Febrile Diseases. No. 262 statement said, "Cold-induced febrile disease with intrinsic stagnated heat will result in jaundice. The main treatment is Ma Huang Lian Qiao Chi Xiao Dou Tang". This statement describes both contents of pathogenesis and main syndrome. The pathogenesis is the coexistence of interior damp-heat and exterior syndrome. The main syndrome is jaundice together with exterior cold-wind signs and symptoms. However, a wide variety in the usage of the prescription was discovered by prolonged clinical experience and modern medical reports. Apart from treating jaundice, it can also be used in the treatment of acute and chronic glomerulonephritis, eczema, urticaria, psoriasis, anaphylactoid purpura, erythema multiforme, cholestatic hepatitis, acute edema, reverse ejaculation, chronic hepatitis B complicated with autoimmune hepatitis, etc. Since it can be used to treat different kinds of disease with different signs and symptoms, and also it is not the only or main treatment of these diseases, it is quite difficult to master the application of Ma Huang Lian Qiao Chi Xiao Dou Tang.

As the major content of Traditional Chinese Medicine is characterized by clinical experience, this thesis tries to investigate the application guidelines of Ma Huang Lian Qiao Chi Xiao Dou Tang via reviewing journals concerning its clinical use, and also by organizing, analyzing some more repeatable information collected to make conclusions on diseases diagnosis (includes types of disease, clinical manifestation, causing factors and pathogenesis) and treatment (includes routine dosage, course of treatment and common modifications).

Key word: Ma Hwang Lian Qiao Chi Xiao Dou Tang, modern clinical applications

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