

MASTER'S THESIS

香港中醫診所的中藥飲片品質及貯存管理

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香港中醫診所的中藥飲片品質及貯存管理

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摘要

背景

香港的中醫診所因為比價的關係，大多數都用多家中藥供應商以控制購藥成本，來自不同供應商的中藥飲片因為生產時的切製規格不同，炮製工藝有異，或對中藥的倉貯養護的方式不一，以致中醫診所購入的飲片品質會有不同，還有中藥摻雜、混淆品飲片及中藥偽品等問題存在，因此本地中醫診所起用的中藥飲片品質實在值得關注。加上部份中醫診所聘用的中藥配劑人員的專業程度不足，他們對中藥品種瞭解不多，未能鑒別飲片的優劣真偽，又沒有對中藥飲片做好貯存養護的措施等，這些問題會直接影響中藥材飲片的品質，進而影響到中藥處方的療效，引致發生中醫藥醫療事故，長遠看更會間接影響中藥在香港的發展。所以要穩定香港中醫診所中的中藥飲片的品質，以便保持中藥飲片原有品質，保證中藥飲片的品質，確保臨床用藥的安全。

方法

鑒別 9 種因切製規格上的不同而引致混淆的飲片、1 種代用品飲片及 1 種混淆中藥飲片，並描述形態上的分別；另外針對香港中醫診所的中藥倉庫條件，搜集並舉出一些簡便易行的飲片貯藏養護方法。

結果

發現相同中藥飲片由於切製不同令其飲片性狀與 2010 版《中國人民共和國藥典》內所描述的標準有偏差，有礙鑒別的準確性，建議增設中藥飲片的“切製性狀”，對指定中藥的片型作出清楚描述及定下標準，並納入中藥飲片標準的內容，提高鑒別的準確性；本地中醫診所的飲片倉庫規模細小，所以提議利用簡便易行的中藥貯存養護方法並列出 10 個的例子，敘述當中的使用方法及製作列表以方便參考。

關鍵字：中藥飲片；鑒別；貯藏；對抗同貯

Abstract

Background

Nowadays, the Traditional Chinese medicine industry is very competitive in Hong Kong. The cost of the herbs is one of the important concerns when selecting the herbs suppliers. In order to control the cost, most of the Chinese medicine clinics buy different herbs from different suppliers. However, due to the differences in storage and preparative procedures among different suppliers, the quality of the herbs can be very varying. Moreover, there are also some counterfeit products, as well as herbs those mixed with useless or harmful ingredients in the market from some unscrupulous suppliers. All the above symptoms are now raising the concerns from society on the quality of the herbs used by the local Chinese Medicine clinics. Furthermore, apart from the herbs qualities issue, the society also raises concerns on the inexperience or unprofessional staffs who work in the Chinese Medicine clinics. For example, the curative effect is impacted by inexperience on handling the storage procedure of the Chinese Medicine; the increase of the opportunity of medical incidents because of the dispensers is unable to authenticate a herbs due to inadequate knowledge of the herbs. All the above problems are unhealthy on the long-term development of the herbs industry. Therefore, to ensure the quality of the herbs and its effect, the quality control on the herbs those used by the clinics are very important.

Methods

Identify the 9 different cutting specifications, one specimen of herb

substitutes and one of confusion by the naming those cause the confusions of herbs. Also, the description of the morphological differences of the herbs which can benefit the authentications process. Moreover, to provide some simply and feasible storage procedures based on Hong Kong' s Chinese Medicine clinics storage conditions can also benefit on the quality of the herbs.

Results

Some characteristics of the herbs do not match with the descriptions in the China Pharmacopoeia 2010 edition due to the different cutting specifications. To increase the authentication accuracy and, we suggest also describing the medicine cutting specifications and setting the standard of specified type of herbs. As the store room of Chinese medicine clinics that in Hong Kong are relatively small, suggest using a simple and easy approach which is called “對抗同貯”, a self-preservation by the chemical characteristics of the herbs such as smell. In addition, list out around 10 examples with execution and produce details for reference.

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