

MASTER'S THESIS

葉天士奇經論治法研究

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葉天士奇經論治法研究

A STUDY OF EXTRAMERIDIAN THERAPY OF YE TIAN SHI

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摘要

葉桂(1666-1745)，字天士，清代名醫，一生忙於診務，後人根據葉天士平時的醫療紀錄整理成醫案專著，流傳後世。奇經論治相關理論是在中醫理論中是被忽略而重要的中醫理論，葉天士是相關理論的闡揚者，本研究方向旨在歸納整理葉天士有關奇經論治方面的原始文獻內容，從而探討葉天士奇經論治法的重要組成部分。透過探討奇經八脈與絡脈的關係，運用八綱理論，寒熱虛實表裏陰陽，去闡述奇經病的病因、病機及治療。葉天士的奇經論治法並不是局部單一地治療某經病，而是一個整體的組合配伍方法。其目的是通過綜合性地運用補法、通法、鎮法、固法、溫法、澀法的各種方藥，補益奇經八脈精血而以恢復奇經八脈的正常功能。根據奇經論治的相關理論，葉天士的奇經論治法當由柔濟陽藥、引入奇經藥、血肉有情藥、固澀藥物、通絡藥物及辨證用藥組成。並且透過概括葉天士奇經論治相關理論的主要內容，指出葉天士奇經論治法主要以通補法和鎮固法為陰陽二端，分別根源於斑龍丸和震靈丹方義，葉天士並且從中作出闡揚發揮。

關鍵詞：葉天士 奇經八脈 奇經論治 斑龍丸 震靈丹

Abstract

Ye Tian-Shi(1666-1745) is a famous Chinese medicine expert during Qing Dynasty. Dr.Ye Tian-shi was very busy in medical consultation through his life time, his family members and students recorded his daily clinical cases and edited several medical books. The Extra-meridian therapy (EMT) related theory is one of the important but ignored Chinese medicine theories that is discussed in Ye Tian-Shi' s medical books. This thesis aims to focus studying Ye' s clinical cases recorded to explain the important features of Ye Tian-Shi' s EMT. The relationship between extra-meridian and meridian was discussed by Ye Tian-Shi to show the pathogenesis of the Extra-meridian diseases according to the eight principles of syndrome differentiation in Chinese medicine therapy. EMT is a holistic therapy comprising different groups of drugs of different functions in a specific ratio.The basic formulae were composed of the following groups of Chinese medicine with different kinds of drugs in specific composition. They included the medicine from animals and medicine with warming and tonifying properties. These specific Chinese medicine formulae can work at the level of the extrameridian. Furthermore, mineral medicine were used to fortify the extrameridian, and medicine with dredging properties were also used. The conclusion of the thesis is that EMT can be categorized into two treatment methods, namely the Extrameridian tonifying and the Extrameridian fortifying methods, based on the two kinds of herbal medicine formulae, eg. Ban-long Wan, Zheng-ling dan, respectively.

Keywords : Ye Tian Shi, Extra-meridian and eight channels,
Extra-meridian therapy, Ban-long Wan, Zheng-ling dan

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