

## DOCTORAL THESIS

### Career maturity, career decision-making self-efficacy, interdependent self-construal, locus of control and gender role ideology of Chinese adolescents in Hong Kong

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*Date of Award:*  
2007

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**Career Maturity, Career Decision-making Self-efficacy, Interdependent  
Self -construal, Locus of Control and Gender Role Ideology of Chinese  
Adolescents in Hong Kong**

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**A thesis submitted in partial fulfillment of the requirements**

**for the degree of**

**Doctor of Philosophy**

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**Hong Kong Baptist University**

**August 2007**

## **ABSTRACT**

The study proposed a career readiness model with five career-related attributes of which the relationship between career maturity and gender role ideology was mediated by interdependent self-construal and career decision-making self-efficacy, while the relationship between locus of control and career maturity was mediated by career decision-making self-efficacy. The model was tested by path analysis, using a sample of 502 Chinese Secondary Four students in Hong Kong. The statistical results of the career readiness model suggested satisfactory goodness of fit, with 15% of the total variation in career maturity explained by the career-related attributes in combination. Gender role ideology had a direct positive effect on career maturity, with the indirect effect mediated by interdependent self-construal and career decision-making self-efficacy. Locus of control had a direct negative effect on career maturity and an indirect effect mediated by career decision-making self-efficacy. With the exception of the effects of gender role ideology on career decision-making self-efficacy and interdependent self-construal on career maturity, all the other hypothesized paths were supported by the data. After controlling the effects of the three background variables of gender, participation in career-related activities and participation in extra-curricular activities on the career readiness model, the estimated path coefficients of the five career-related attributes with the inclusion or exclusion of the background variables were statistically consistent.

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