

MASTER'S THESIS

香港中藥飲片的炮製加工特色研究

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Date of Award:
2010

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香港中藥飲片的炮製加工特色研究

**A Study of Characteristics of Processing Method of
Chinese Materia Medica in Hong Kong**

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摘 要

香港的中藥飲片與內地的中藥飲片比較，其外形相差較大，有些飲片的炮製方法也不相同。一直以來，人們對香港的中藥飲片炮製加工研究甚少，因此，研究香港中藥飲片的炮製加工特色，對建立香港特色飲片的經驗鑒別方法和指導香港中醫臨床用藥有重要意義。

本文結合香港中藥業過去發展的概況，通過樣品收集，選取香港與內地差異較大的中藥飲片作對比，並就香港市場中藥飲片商品規格進行調查，分析歸納後，認為香港中藥飲片炮製加工特色主要體現在講究地道、品質正宗，習銷高等級高規格的藥材，追求飲片外型美觀清秀，並結合嶺南的中醫藥文化特色，仿古炮製。飲片外形多以齊手、大片和色靚見稱，飲片縱切為主，多為人工開切，清秀規則，有的還經過特殊處理後再開切，所配出的藥劑非常清爽，無灰渣摻雜；飲片炮製多以蒸制為主，以適應香港炎熱潮濕氣候用藥特點，其在臨床治療上突出了辛透清氣、和解祛濕、益氣生津及清熱養陰的功效；飲片商品規格也多體現商家追求質優的特點。

關鍵詞： 香港中藥；飲片；炮製加工

Abstract

Comparing the decoction pieces between Hong Kong and Mainland, there is large difference in shape, some of processing methods is not the same. All along, there are limited researches on the processing methods of Hong Kong Chinese Materia Medica.

This study aims to investigate the characteristics of different processing methods of Chinese Materia Medica typical to Hong Kong. Through the study, we can establish experiences in identification methods of the Hong Kong decoction pieces and provide guidelines for use of Chinese Medicine in clinical domain.

By integrating the development history of the Chinese Medicine in Hong Kong, through sample collection, comparing the decoction pieces with a large difference between Hong Kong and Mainland, investigate commercial standard of the decoction pieces in Hong Kong market. The characteristics of the Hong Kong Chinese Materia Medica's processed decoction pieces can be concluded as: Sourcing oriented; Maintain good quality; Usually sell high-grade high-standard medicine; Good physical looking; With Lingnam Chinese Medicine culture; Still follow the traditional processing method.

The decoction pieces majority was tied up neatly, large and with pretty colour, mainly in longitudinal cutting slices by hand made. Some of them will conduct the special treatment before cutting, dispenses the medicament is extremely tidy, no ash doping. The decoction pieces usually will cook under steam to fulfill the drug using habits under high temperature and high humidity climate in Hong Kong. Its pharmaceutical effect is highlighted as XinTouQingQi, reconciliation Qushi, invigorating Qi, promoting the production of the body fluid, and clearing out of toxic heat and nourishing yin. It is well known the company or vendor will prefer high quality product by studying the commercial standard of decoction pieces.

Keywords: Hong Kong Chinese Materia Medica; Decoction pieces; Processing

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